

THE CITIZEN

Vol. 34, No. 9

U.S. Army Garrison Stuttgart

May 9, 2006

Stuttgart, Oberammergau and Garmisch, Germany

EUCOM welcomes Gen. Ward

Former USAREUR deputy now serving in Stuttgart



Delinda K. Hood (Stuttgart Multimedia)

Gen. William E. Ward salutes the colors during the U.S. European Command's May 3 Departure and Arrival Ceremony in Washington Square on Patch Barracks. Ward, who previously served as deputy commander of U.S. Army, Europe, and 7th Army, officially replaced Gen. Charles Wald as EUCOM deputy commander during the afternoon ceremony, which was presided over by EUCOM Commander Gen. James L. Jones. (For story and additional photos, see page 4.)

INSIDE THIS EDITION

Page 6

Community hosts Holocaust survivor

Holocaust survivor Mayer Hersh is the guest of honor at Stuttgart's Yom HaShoah (Days of Remembrance) ceremony.



Pages 8 & 9

Stuttgart Soldier serving in Ethiopia

Stuttgart's Capt. Jay Cash is in the midst of a deployment to Ethiopia in support of a United Nations peacekeeping mission.



Volunteers essential to community's success

By Gen. David D. McKiernan

Many of our Soldiers are deployed in support of Operation Iraqi Freedom, Operation Enduring Freedom, and the Global War on Terrorism. Their absence is often stressful for their loved ones, and several families have asked for help.

Many organizations – including Army Community Service, chapels, Child and Youth Services, DoDDS schools, and youth service organizations – are available to support families of deployed Soldiers.

These organizations, however, need volunteers to meet the increasing number of requests for assistance.

I ask all Soldiers in the European theater to help the families of deployed Soldiers by volunteering their time and assistance. Every Soldier can help, whether by coaching a youth sports team, serving as a youth service organization leader, running an errand for an overburdened neighbor, or providing transportation for a family in need.

In addition to the service it provides to those in need, volunteerism provides tremendous personal satisfaction to the volunteer.

By sharing our time and skills with others, we become part of something bigger than ourselves. We also learn a lot and grow from the experience.

Because of this, our support, energy, and dedication can make a difference in someone's life as well as our own.

Volunteerism is an investment in our communities and the people who live in them. Do something positive for yourself and your community – volunteer!

Please visit your Army Volunteer Corps coordinator for more details.

McKiernan is the commander of U.S. Army, Europe. For more about volunteerism see page 6.

What happened to common courtesy? Convenience should never outweigh personal responsibility

By Lt. Col. Jace Davey

Commentary

When was it first acceptable for personal convenience to outweigh common courtesy? When did "self-esteem" come to supersede one's obligation to make amends?

When did it become normal for an offender to make excuses rather than to make an apology? Apparently these changes set in some time ago.

A recent experience at my son's high school demonstrated not only that his peers subscribe to an "it's all about me" policy, but that the school administration brands those who still expect some enforcement of what used to be good manners, as trouble makers.

Another student intentionally stepped on my son's glasses and crushed them. She told him, "I thought it was your pen" and immediately left the scene (an excuse is not an apology).

My son, essentially a hit-and-run victim, sought recourse as his parents had taught him, through the civil authorities. The school's vice principal contacted me and was overwhelmingly concerned with describing the extent of damage to the glasses and her assurance that they could be repaired (not the case).

My only desire was for the offender to get some old-fashioned schooling in common courtesy. While perhaps not personally convenient, that was the true "repair" needed in this situation.

Upon returning to class, a teacher chastised my son for "turning in" the girl that stomped on his glasses because she "felt really bad." Whoa! Has the unholy doctrine of self-esteem extended so far as to eclipse the last remnant of personal responsibility? The offender, regardless of the magnitude of damage done, is obligated to make amends (and make an apology).

None of this occurred, and for seeking enforcement of this obligation my son was reprimanded by one charged with enforcing such rules. The world is upside down!

It's hard enough to ingrain common courtesy in one's own children, a greater challenge when your peers fail to do the same, and seemingly hopeless when the school administration itself works to undermine those values.

How do we get back on course? There are two focus areas.

First, forget about the misguided notion of self-esteem. Esteem is synonymous with great approval, tantamount to adoration, if not worship. Think of adults you know with these traits. They are self-centered and boorish, not folks

Forget about the misguided notion of self-esteem. Esteem is synonymous with great approval, tantamount to adoration, if not worship. Is that the kind of personality we want to inculcate in our children?

anyone wants to be around. Is that the kind of personality we want to inculcate in our children?

The proper focus is on self-respect. This quality is derived from hard work, personal struggle, and failure. Yes, failure, because it provides the circumstances in which one discovers they are not perfect (the basis of self-esteem), yet resilient enough to recover and grow from the experience.

Do not fear failure, but do be concerned with your child's reaction to it. Sometimes failure comes in the form of an accident. A heart-felt apology to the injured party of even an unintentional act works to sooth the victim's hurt feelings and to solidify a foundation of self-respect in the offender. Moreover, it often earns the respect of the victim.

Secondly, hand-in-hand with self-respect, is good character, whose lifeblood is integrity. Integrity requires firm adherence to a high set of moral standards.

These should include taking responsibility for one's actions regardless of the personal loss of time, finances, or embarrassment. Such "losses" are minor, compared to the incalculable cost of a character void.

A person lacking integrity can only have bad character. A person with bad character cannot truly have self-respect, nor is it likely anyone else will respect them.

However, it is possible, if not extremely likely, that someone with bad character will have high self-esteem.

Consider any number of terrorists, murderers, or child-abusers you have seen on the news. These are the dregs of society, seemingly devoid of any integrity, yet they are consistently unrepentant (an excuse is not an apology) and still think highly of themselves.

They have a great deal of self-esteem.

That is not to say that a single moral failing or breach of integrity dooms a person to a criminal future.

However, a strong parental and societal focus on the critical importance of self-respect and integrity will put a child on the path to exceptional citizenship and a life well-lived.

That is the foundation of a world truly worthy of esteem.

THE CITIZEN

Col. Kenneth G. Juergens

U.S. Army Garrison Stuttgart Commander

Public Affairs Officer

Jennifer Sanders

jennifer.sanders@us.army.mil

Editor

Assistant Editor

Hugh C. McBride

hugh.mcbride@us.army.mil

Melanie Casey

melanie.casey@us.army.mil

Reporters

Brandon Beach

brandon.a.beach@us.army.mil

Sue Ferrare

susanne.ferrare@us.army.mil

Contact Information

Office Location: Building 3307-W, Kelley Barracks

U.S. Army Address: Unit 30401, APO AE 09107

German Address: Gebäude 3307-W, Kelley Barracks, Plieningerstrasse, 70567 Stuttgart

Telephone: 421-2046/civ. 0711-729-2046

Fax: 421-2570/civ. 0711-729-2570

This newspaper is an authorized publication for members of the Department of Defense. Contents of The Citizen are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.

The editorial content of this publication is the responsibility of the U.S. Army Garrison Stuttgart public affairs officer. Private organizations noted in this publication are not part of the Dept. of Defense.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

The Citizen is an off set press publication printed in 6,500 copies every two weeks.

www.stuttgart.army.mil

Citizen selected as top tabloid in Department of Defense

U.S. Army Garrison Stuttgart
Public Affairs Office

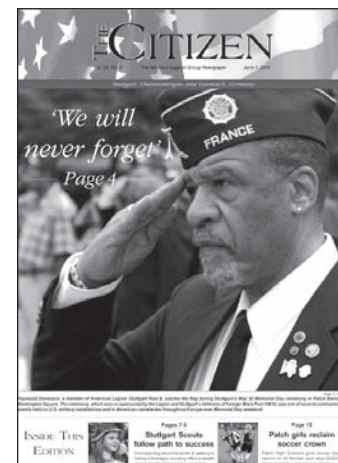
The command information paper that serves the U.S. military communities of Stuttgart and Garmisch, Germany, has earned a 2005 Thomas Jefferson Award as the best tabloid-format newspaper in the Department of Defense.

The Citizen earned the right to represent the Army in the DoD-wide Thomas Jefferson competition by claiming the Keith L. Ware Award for the service branch's best tabloid-format publication.

A production of the U.S. Army Garrison Stuttgart Public Affairs Office, The Citizen is a 16-page newspaper that is published every other week.

The Thomas Jefferson Awards Program recognizes military and civilian employee print and broadcast journalists for outstanding achievements in furthering the objectives of the Department of Defense internal information program.

It operates under the aegis of the Office of the Assistant Secretary of Defense, public affairs, and is administered by the director, American Forces Information Service.



Safety starts at home

Residents' awareness, vigilance essential to community's fire-prevention effort

U.S. Army Garrison Stuttgart Public Affairs Office

Home may be where the heart is, but for many Americans the failure to follow fire safety steps leads to heartbreaking results.

According to the U.S. Consumer Product Safety Commission, the United States has one of the highest fire death and injury rates in the world. Fire is the second leading cause of accidental death in U.S. homes.

The CPSC Web site cites the following fire-related statistics for the United States:

- More than 4,000 people die each year in home fires.
- More than 90 percent of residential fire deaths and injuries result from fires in one- and two-family houses and apartments.

- Property losses exceed \$4 billion annually.

The CPSC notes that unattended cooking can be particularly dangerous, with cooking equipment estimated to be associated with 100,000 fires, 400 deaths and 5,000 injuries each year.

The following steps can drastically reduce the risk to your home, your family and your community:

- **NEVER leave cooking unattended for any length of time.** (Leaving the kitchen for "just a moment" when cooking can be enough to cause a disaster.)

- Never place or store pot holders, plastic utensils or towels on or near the range.

- Roll up or fasten long loose sleeves with pins or elastic bands while cooking.

The following are excellent sources of information about home fire safety:

- Fire Safety – www.firesafety.gov
- U.S. Consumer Product Safety Commission – www.cpsc.gov
- U.S. Fire Administration – www.usfa.fema.gov/safety
- U.S. Army Garrison Stuttgart Safety Office – 421-2752/civ. 0711-729-2752

For more about U.S. Army Garrison Stuttgart's efforts to respond to – and ultimately prevent – fires like this recent on-post blaze see the May 23 edition of The Citizen.



OBITUARY

Brian Sherman, 43

CYS employee, Kelley SAS program assistant

Brian Sherman, who worked as a Child and Youth Services program assistant at the Kelley Barracks School Age Services, died April 8 near his home in Gomarigen, Germany. He was 43 years old.

A native of Steger, Ill., Sherman was a member of the Stuttgart military community since 1997 and will be remembered for his loving dedication to hundreds of children.

"Brian was a good guy with a big heart who touched so many people," said Del Bergmeier, who worked with Sherman at the Kelley SAS from 1998 to 2000. "All the children who passed through the SAS were lucky to have had Brian as a teacher and mentor."

Friends and colleagues gathered in the Robinson Barracks Chapel April 27 to mourn Sherman's passing and



celebrate his life.

"He had this certain bounce to his step that made it seem like he was taking flight," said Janet Randall, Sherman's first Child and Youth Services trainer.

Friends recalled his "smile that would light up a room," his inviting sense of humor, love of 70s rock music and Sunday afternoon football and his unforgettable Chicago accent.

"He had this can-do personality," said Margaret Padilla, director of the Kelley SAS. "He touched so many families in this community and will be missed dearly."

Sherman is survived by his wife, Miriam Nee Letzgus, father, Louis, and mother, Norma, as well as his maternal grandmother, Mary Callecod.

Before joining SAS, Sherman worked as a sales associate at the PowerZone on Patch Barracks.

Sherman received an associate's degree in Psychology from Prairie State College. A scholarship has been established there in his name.

A funeral was held April 18 at the Smits Funeral Home in Sherman's hometown of Steger, Ill.

News & Notes

Asian-Pacific celebration on Patch

Celebrate Asian American/Pacific Islander Heritage Month May 19, 11 a.m. to 1 p.m., on Patch Barracks's Husky Field. The celebration will include an array of delectable foods, and will also feature festive music and dance.

Special guest speaker is Amata Radewagen, Republican National Committeewoman for American Samoa.

For more information about this event see the advertisement on page 6.

Vet clinic announces summer hours

The Veterinary Clinic on Panzer Kaserne has extended its hours for the summer.

Clinics will be held Mondays and Tuesdays, 8:30 a.m. to 5 p.m. and Wednesdays, 8:30 a.m. to 2 p.m. The clinic will be open for over-the-counter-sales only on Thursdays and Fridays.

For more information or to schedule an appointment e-mail Claire at hypervyper2010@hotmail.com.

Patch DFAC moves to Cmty. Club

The Patch Barracks Black Stallion Dining Facility has relocated to the Patch Community Club while the DFAC undergoes a renovation.

The DFAC will provide complete service (breakfast, lunch, dinner and weekend brunch) throughout its time in the community club.

AER campaign extended to May 15

The Army Emergency Relief fundraising campaign has been extended through May 15.

For more information about how you can contribute see your unit AER representative, call Ty Stearn at 421-2345/civ. 0711-729-2345 or e-mail stearnt@6asg.army.mil.

Motorcycle safety requirements

The U.S. Army Garrison Stuttgart Safety Office and Provost Marshal's Office are reminding all motorcyclists that the following equipment is mandatory when riding either on- or off-post:

- Shatterproof eye protection that meets VESC Reg. Standard.
- Helmet that meets ANSI standard Z90-1 or Europe Norm 22-02.
- Full-fingered gloves.
- High-visibility garments (yellow, bright green, bright red or orange for day travel and reflective clothing for night travel). When wearing military uniform, also wear a brightly colored/ reflective PT-style vest that is clearly visible from the front and rear of motorcycle.
- Leather boots or over-ankle shoes.
- Long-sleeved shirt or jacket.
- Trousers.

For more information call the USAG Stuttgart Safety Office at 421-2752/civ. 0711-680-2752.

Child Find Screening on RB

There will be a Child Find Screening May 12 at Robinson Barracks Elementary School for children ages 3 to 5. If you have concerns about your child's language, speech, self-help skills, social skills, thinking skills or motor coordination, you may want to have him or her screened for possible delays. For more information or to make an appointment for the screening contact Suzie Boggs at 430-5200/civ. 0711-680-5200.

Looking for work?

• **The Patch Thrift Shop** is hiring for a part-time manager and part-time cashier. Applicants must be valid ID cardholders and passport holders.

For more information stop by the shop, located in the lower level of building 2307 (Washington Square) on Patch Barracks, Mondays, Wednesdays and Thursdays, 10 a.m. to 2 p.m.

• **The American Red Cross** on Panzer Kaserne is hiring a full time, qualified Field Office Assistant. Applications must be submitted by May 12. For more information call 431-2812/civ. 07031-15-2812.

• **Army Community Service** is looking for a German translator to fill a 20-hour per week contract position. Applicants must be fluent in both written and spoken German and English and be knowledgeable about the Stuttgart area. For more information call James Corpus at 430-7176/civ. 0711-680-7176.

Ward succeeds Wald at EUCOM

Former USAREUR deputy gets fourth star, becomes EUCOM deputy commander

By Lt. Corey Barker

U.S. European Command Public Affairs Office

Army Gen. William E. Ward, former deputy commander of U.S. Army Europe and 7th Army, assumed the responsibilities as deputy commander of U.S. European Command during a May 3 ceremony on Patch Barracks.

Marine Gen. James L. Jones, EUCOM commander, presided over the departure and arrival ceremony.

As deputy, Ward oversees the day-to-day operations of EUCOM, a geographic combatant command responsible for U.S. military contingency planning and security cooperation activities in 91 countries in Europe, Africa and the Mideast.

EUCOM is also directing a significant transformation of Europe-based units and infrastructure to better respond to 21st century security challenges within its area of responsibility.

"I fully embrace the vision for the transformation of EUCOM looking east and south to establish a new security force based on tradition, and to continue engagement with our emerging friends and allies," Ward said.

"I am also convinced of the ongoing strategic importance of the trans-Atlantic alliance and to move forward with a new global security perspective," he said.

Wald assumed duties as deputy commander in December 2002.

"Over the past three and half years, Gen. Wald has given it his all. Not only in fostering relationships throughout the EUCOM area of responsibility, but also within the command itself," Jones said. "It has been an honor and personal privilege to serve with Gen. Wald in our nation's band of brothers over the past 35 years," he said.

During Wald's tenure, the command significantly expanded security activities throughout the area of responsibility, focusing on regional capacity building to counter terrorism in North Africa and improve energy security in the Caucasus and Africa's Gulf of Guinea.

At the same time, the command initiated a theater-wide transformation of its basing and force structure to create a leaner, more agile forward-deployed force to respond to regional threats and crises.

Wald received the Air Force Distinguished Service Medal for his contributions to EUCOM. He is scheduled to officially retire in July after 35 years of service in the U.S. Air Force.

Ward was commissioned into the infantry in 1971. He holds a Master of Arts degree in political science from Pennsylvania State University and a Bachelor of Arts degree in political science from Morgan State University.

He has served in a variety of command and staff positions including assistant division commander for Support, 82nd Airborne Division, Fort Bragg, N.C.; commanding general, 25th Infantry Division (Light) and U.S. Army, Hawaii, Schofield Barracks, Hawaii; and commander, Stabilization Force, Operation Joint Forge, Sarajevo, Bosnia; before being assigned as the deputy commander of U.S. Army Europe and 7th Army.

For more about EUCOM visit www.eucom.mil.



photos by Delinda K. Hood (Stuttgart Multimedia)



[Top] Gen. Charles F. Wald, Gen. James L. Jones and Gen. William E. Ward arrive, signalling the start of EUCOM's May 3 Departure and Arrival ceremony.

[Above] Wald, left, the outgoing deputy, shakes hands with Ward, his replacement, as Jones looks on.

[Left] Ward speaks moments after officially becoming the EUCOM deputy commander.

It's quick, it's painless, and it could save a life: Bone marrow registry drive

Patch Fitness Center: May 15 - 17

The Challenge

- Every year in the United States alone, 30,000 individuals are diagnosed with leukemia or one of more than 70 other life-threatening blood diseases.
- Seventy percent of patients are unable to find a suitable donor among their relatives and must try to find an unrelated donor.
- For more information visit www.dodmarrow.com.

How You Can Help

- Visit the **Patch Fitness Center May 15 to 17** to register as a potential volunteer marrow donor.
- Also, **volunteers are needed to staff tables at the donation drive**. If you can donate your time to this important cause, e-mail Sgt. Stefanie Robinson at stefanie.robinson@us.army.mil.

Stuttgart Health Clinic to get additions, implements new appointment system

Story & photo by Melanie Casey

Col. Diana Ruzicka is a woman who gets things done. During her short tenure as commander of the U.S. Army Health Clinic Stuttgart – she assumed command only six months ago – Ruzicka has initiated and helped implement myriad improvements to the facility. She attributes this to a dedicated staff who “makes things happen,” she said.

During a Health Care Consortium held April 26, Ruzicka addressed several upcoming changes to the clinic, including construction to enlarge the facility and replace the TRICARE trailer behind the clinic and a revised appointment system scheduled to debut May 15.

The event offered community members an opportunity to learn about the clinic changes firsthand, ask questions and offer feedback.

More space, providers

One major improvement to the clinic is the addition of a wing which will house a new pharmacy waiting area and five exam rooms, Ruzicka said.

This will be built on the skate park side of the clinic, with a larger pharmacy waiting area away from the main clinic entrance and the cold winter breeze.

Additionally, a new building will be constructed in place of the seven-year-old “temporary” trailer located behind the clinic, which will house TRICARE and logistics offices, a new TRICARE waiting room and – something it was sorely lacking – a bathroom.

A Groundbreaking Ceremony for new additions was held May 1 behind the clinic.

On hand to help shovel the ceremonial dirt were U.S. Army Corps of Engineers Deputy District Engineer Mark Roncoli, former Headquarters, European Command Chief of Staff Lt. Gen. Colby Broadwater, III, Ruzicka and U.S. Army Garrison Stuttgart Commander Col. Kenneth G. Juergens.

Work on the clinic additions should be completed before Christmas, said Project Manager Mark Wentink.

Along with the clinic construction projects, several new providers have been added to the clinic and TRICARE staff. Since October, two full-time providers, a Red Cross volunteer pediatrician, GYN nurse practitioner and a reserve optometrist have joined the staff. One and a half TRICARE booking clerks and a part time staff pharmacist and another part time

volunteer pharmacist have also been added, Ruzicka said.

New appointment system debuts

Along with the construction to the facility, another change to the clinic is a new appointment system slated to go into effect May 15. The system should decrease the amount of time people wait on hold by decreasing the volume of calls at any one time, Ruzicka said. It also allows the clinic to implement the TRICARE booking priority standards.

Appointment lines (430-8610/civ. 0711-680-8610) for the Family Health Clinic open at 7:15 a.m., and appointments will be booked according to the following schedule:

- 7:15 a.m.: Active-duty service members may begin calling when lines open;
- 8 a.m.: Active-duty service members’ family members may begin calling;
- 9 a.m.: Retirees and their family members who are enrolled in Tricare Plus may begin calling;
- 10 a.m. Civilians, retirees and their family members who are not enrolled in Tricare Plus may begin calling.

Ruzicka said that the new system means that active duty

and active-duty family members – who are supposed to have a higher priority for health care – will have a better chance to book an appointment at the clinic.

Currently, TRICARE Prime family members who are referred to an off-post physician must first visit the Family Health Clinic to obtain a referral. They must then go to TRICARE to book the off-post appointment and receive a statement of non-availability and finally visit the host nation physician – a process that civilians and retirees don’t need to do since they can go directly to providers on the economy.

“Going through this process can be very difficult when a parent has a sick child,” Ruzicka said. “Is it going to pan out that [civilians and retirees not enrolled in TRICARE Plus] can’t get in at all – some days it could,” she said.

“Right now civilians account for eight percent of our care,” she added, “so many already see physicians on the economy where they also receive excellent medical care. We have also added more providers to improve access and decreased appointment time to 20 minutes, enabling us to add more appointments.”

TRICARE establishes agreements with physicians on the economy to see patients when appointments are not available and for most specialty care, Ruzicka said. Lists are available from the TRICARE office and also via e-mail from appointment booking clerks.

Other recent improvements to the clinic include a pharmacy phone-in refill system and an automated appointment reminder system.

Booking online

Ruzicka stressed that to avoid waiting on phone lines, individuals enrolled in TRICARE Prime or Plus may book many appointments online. To book online visit www.tricareonline.com.

Patients can also call the Nurse Advice Line at 0800-825-1600 24 hours per day. If an appointment is indicated, the nurse has the authority to make an appointment, Ruzicka said.

Another health care consortium is scheduled for June 28 at 5 p.m. in the clinic.

For more information about changes to the health clinic call 430-8618/ civ. 0711-680-8618.



(Left to right) U.S. Army Corps of Engineers Deputy District Engineer Mark Roncoli, former Headquarters, EUCOM Chief of Staff Lt. Gen. Colby Broadwater, III, Clinic Commander Col. Diana Ruzicka and USAG Stuttgart Commander Col. Kenneth G. Juergens help break ground on the renovations for the U.S. Army Health Clinic Stuttgart May 1 behind the clinic.

Stuttgart Army Health Clinic Phone numbers

Family Practice

430-8610/civ. 0711-680-8610

Optometry

431-2002/civ. 07031-15-2002

Nurse Advice Line

(Available 24 hours a day)
0800-825-1600

Physical Therapy

430-6149/civ. 0711-680-6149

EDIS

431-2697/civ. 07031-15-2697

TRICARE patient liaison

(24 hours a day via MP desk)
430-5262/civ. 0711-680-5262





Holocaust survivor Mayer Hersh and his wife Judith pose with members of a U.S. Government class from Patch High School following the U.S. Army Garrison Stuttgart Yom HaShoah (Days of Remembrance) ceremony on Patch Barracks.

USAG Stuttgart hosts Holocaust survivor for Day of Remembrance

U.S. Army Garrison Stuttgart
Public Affairs Office Release

U.S. Army Garrison Stuttgart Commander Col. Kenneth G. Juergens hosted Holocaust survivor Mayer Hersh during an April 25 Yom HaShoah (Days of Remembrance) ceremony on Patch Barracks.

Attending as guests of the garrison were Herr Oberbürgermeister Dr. Ulrich Rommelfanger, Herr Dr. Christoph Braß, (Referatsleiter für Politische Planung, Staatsministerium Baden-Württemberg), Herr Dr. Michael Blume (Referent für Religionswissenschaft, Staatsministerium Baden-Württemberg) and Barbara Traub (Chair of the Israelite Religious Community of Baden-Württemberg).

Hersh, a Polish Jew who spent time in nine camps (including Auschwitz and the work camp adjacent to what is now Stuttgart International Airport in Echterdingen) during World War II, served as the keynote speaker for the community event.

Attendance at the gathering reflected the breadth of the Stuttgart military community, with audience members including U.S. Soldiers, Sailors, Airmen and Marines; American and German civilian employees; military retirees; family members and students from Patch American High School.

"My memories of this tragic past are still hurtful, but I find some consolation that here in Germany and throughout the world people have a willingness to confront this awful history," Hersh said.

Juergens concurred, noting that the garrison's Yom HaShoah commemoration was part of an ongoing effort to increase community awareness, enhance the historic friendship between Germany and the United States, and help prevent future ethnic atrocities.

"Having Mr. Hersh with us today is very important, because it helps to educate our community about the horrors of the Holo-



photos by Brandon Beach

Holocaust survivor Mayer Hersh speaks to PHS students April 25 on Patch Barracks.

caust," Juergens said.

"My command is very supportive of events such as this, because we all have to work together to ensure that tragedies like the Holocaust never happen again," he said.

The educational aspect of the afternoon was emphasized by the presence of 19 U.S. Government students from Patch American High School.

In addition to attending the Yom HaShoah ceremony and listening to remarks from Hersh, Juergens and Traub, the students also had the opportunity to participate in a private question-and-answer session with Hersh.

Events such as the April 25 gathering continue the rebirth and renewal that Hersh said Holocaust survivors have been experiencing since the end of the war.

"We got our pride back and we felt like human beings again," he said of his early days in England after being freed from the camps. "The attempts by the Nazis to dehumanize us were not successful."

U.S. Army Garrison Stuttgart &
U.S. European Command present

Asian/ Pacific-Islander American Heritage Month

*Celebrating Decades of Pride,
Partnership & Progress*



Patch Barracks
(Husky Field)

May 19
11 a.m. to 1 p.m.

Guest Speaker

Amata Radewagen
Republican National Committeewoman
for American Samoa

*Also enjoy a variety of Asian delicacies,
entertainment (including live music and
cultural dances), prizes and more!*

For more information:

Carey Williams (421-2708/civ. 0711-729-2708)
SFC Jacqueline Galloway (0162-297-5922)



Hugh C. McBride

Coach Del Binder helps one of his young hitters find the proper position at the plate during an Opening Day T-ball game between the Sand Gnats and the Lug Nuts on the field beside the Arts & Crafts Center on Patch Barracks. Coaches at the T-ball level work with their young athletes on the fundamentals of the game – and on what it means to play as a team.



Hugh C. McBride

Following a well executed relay of a throw from left field, Brewers catcher Tyler Kurtz prepares to put the tag on Cubs runner Jacob Treat during an April 22 Little League game on Patch Barracks's Husky Field.



Susie Holmes



Brandon Beach



Hugh C. McBride

[Top Left] Face-painting was one of many attractions at the USO's KidsFest celebration. [Bottom Left] Jasmin Doade, 6, works at the button-making station in the Patch YS. [Right] U.S. Army Garrison Stuttgart Commander Col. Kenneth G. Juergens throws out the ceremonial first pitch during the April 22 Opening Day ceremony on Patch.

A great time to be a kid in Stuttgart

Opening Day, KidsFest end active Month of Military Child

By Hugh C. McBride

The Stuttgart military community prides itself as being a great place to be a child, a tradition that was reinforced with two action-packed, kid-friendly weekends at the end of April.

The Month of the Military Child drew to a close with two annual extravaganzas that drew throngs to Patch Barracks.

April 22 brought the official start of youth baseball and softball seasons to Stuttgart, as young athletes gathered on Patch's Husky Field for Opening Day ceremonies led by U.S. Army Garrison Stuttgart Commander Col. Kenneth G. Juergens and Youth Sports Director Mark Juliano.

Though the focus of the ceremony was on the youth, Juergens directed a portion of his remarks toward to parents and adult volunteers who made the event – and the

seasons – possible.

"You are making memories that will last a lifetime," Juergens said. "And you are setting a great example for your sons and daughters."

The following weekend, virtually all of Patch Barracks was transformed into a child-friendly zone for the annual KidsFest, which featured games, entertainment and refreshment at venues throughout the installation.

"KidsFest was a great day," said Robin Reed of Stuttgart's Child and Youth Services, who coordinated the area's April events.

"We had family members, CYS staff members, members of the command and volunteers all working together," Reed said. "It was a wonderful finale to our monthlong celebration of the military child."

Eve Walter, 5, and Jada Ulnday, 5, enjoy the always popular "bouncy castle" during the April 29 KidsFest on Patch.



Brandon Beach

A man on a mission

USAG Stuttgart operations officer deploys to Ethiopia, serves with UN mission

By Melanie Casey

Capt. Jay Cash is a man on a mission – a United Nations peacekeeping mission, that is. Cash, whose day job is the operations officer for the U.S. Army Garrison Stuttgart Directorate of Plans, Training, Mobilization and Security, deployed to Ethiopia in January of this year.

A hostile history

As a member of the UN Mission to Ethiopia and Eritrea, Cash is part of a small international task force responsible for “monitoring the cessation of hostilities” between the two countries, he said.

This is no easy or quick task, however, as the countries have been at odds for decades.

Once part of Ethiopia, Eritrea was officially born in 1993 after a more than 20-year civil war for independence.

Since that time, the two countries have continued to bicker over borders, and in 1998 the Eritrean-Ethiopian War began.

This conflict resulted in the expulsion and death of thousands of Eritreans from Ethiopia. The total number of people killed is as high as 100,000, Cash said, with double that number displaced or expelled.

The war reached a shaky end in 2000 with the signing of the Algiers Agreement, which assigned an independent, UN-associated commission to create new borders between the two countries.

UNMEE was created shortly thereafter. The mandate of this mission is not only to monitor the cessation of hostilities between the two countries, but also to assist in ensuring the observance of the security commitments; monitor and verify the redeployment of Ethiopian and Eritrean forces; and coordinate and provide humanitarian assistance in the area, according to the UN Web site (www.un.org/depts/dpko/missions/unmee/mandate).

As of January 2006 more than 3,300 military personnel from Algeria to Zambia have converged on the area as part of the UNMEE.

The mission, Cash said, is an important one – as are the members of the team. “If you send your worst,” he said. “It’s going to show,” Cash was initially nominated by Installation Management Agency, Europe, officials, but his packet received final approval from Secretary of Defense Donald Rumsfeld, as are all U.S. military observer packets, he said.

Border battles continue

Cash compared the Eritrean and Ethiopian border to the German border circa 1965. Family members on either side cannot travel back and forth between the two countries.

“The people just want to live,” he said. “It’s so hard to etch out a life there.”

The hostilities, Cash added, are about power. “The areas they are now arguing over have very little importance to either country as a whole,” he said. “They are desolate and barren with [seemingly] no great historical or political significance.”

Fitting in with the locals

Although his official work in Ethiopia is to watch and report movement on both sides of the border, Cash said his duties often encompass much more than simple observation.

He spends a lot of his time just trying to help local people, he said. Those with injuries, for instance, will seek out help from UN members because medical help can be difficult to find. “You become a doctor, nurse, lawyer, plumber, auto mechanic ... it is assumed that since you’re a foreigner in Africa, you must know things,” he said.

Cash and his team assimilate as best they can. They carry no weapons, live together in a house in the local village, maintain friendships with the locals and try to “show them we’re not here to tell them how to do things.”

Although many of the residents Cash and his team encounter are destitute and the area is “just one of those really harsh places,” he said, Cash is nonetheless impressed by the Ethiopian people. The locals are friendly to everyone, he said. They also value the importance of a good education – and they love Americans.

Cash hopes to return to the Stuttgart area – and his job at the garrison – sometime this summer.

For more information visit www.unmeeonline.org.



Cash



photos courtesy Capt. Jay Cash

(Above, left to right) Navy Lt. Nick Borman, Air Force Maj. Wayne Meekma, Army Capt. Jay Cash, Navy Lt. Cdr. Anthony Gilless, Marine Capt. Jason McHuen, Army Lt. Col. Darwin Concon and Army Capt. John Madsen work together for the UNMEE in Ethiopia.

(Left) Cash administers first aid to a young boy in Kereda with a day-old head injury. Observers often temporarily become doctors, lawyers, plumbers or whatever else is needed, Cash said.

(Right) A wizened old Ethiopian man walks just outside of Adigrat, Ethiopia.



In his own words: excerpts from Capt. Jay Cash’s UNMEE journal



The following are excerpts from Capt. Jay Cash’s personal journal, which he is keeping while working as a United Nations military observer in Ethiopia, Africa.

Cash is the operations officer for the U.S. Army Garrison Stuttgart Directorate of Plans, Training, Mobilization and Security and has been in Africa since January as part of the United Nations Mission to Ethiopia and Eritrea.

He should return to Stuttgart in July.

Jan. 5, 2006

When I hit the ground in Addis Ababa, Ethiopia, I had no idea what to expect. This was unlike any military deployment I had previously been on. You always hear the phrase “there is security in numbers.” You just don’t realize how true that is until you are standing on the tarmac of an Ethiopian airport with bags in hand waiting for someone to pick you up.

Jan. 10

Addis is an interesting city. One of the things you notice immediately is the frequency of police with AK-47s. They are

everywhere. They say that it is mainly due to the recent unrest. Not sure but these kids do not look like they are ready to take out anyone.

Jan. 17

What a day! Once we started into the neighborhood it was immediately clear that we were not in the best part of town. By this I mean that the houses were merely huts and shacks not to mention the hundreds of people all over the streets and sidewalks. Not that this is the first time we had seen this but it was the first time we had been so close and in the middle of it. I felt very vulnerable. If someone was going to take advantage of us this would have been the time. But, in typical Ethiopian fashion we were welcomed with grins and looks of astonishment, for we were the outsiders here. It was up to us to fit in ...

The dinner and companionship was wonderful. Never would I have ever thought that I would have been a part of this. Never in my wildest dreams did I ever think that I would be in Ethiopia ...

I have continually been astonished by the absolute friendliness of the people of this city.

Jan. 20

This is a dangerous place. It is bad when crowds gather. By themselves the people of Addis seem very calm. I guess it starts to get out of hand when they gather in groups.

Jan. 21

WOW! This is the best way my feeble mind can describe today ... We flew one and a half hours over some of the most beautiful terrain I can imagine. It was like flying over eastern Oregon or NTC in California at a relatively low altitude ...

There is generally no threat here in Ethiopia. But you just never know I always say. I would feel much safer with a weapon! But, this should work out fine for a few months.

Just suck it up and drive on I guess. It could be worse. I could be ... in Iraq.

Jan. 22

Force protection is a major concern for me here. These guys don’t really care about it, but they don’t typically have to I guess. It is a different story when you have the American flag on your shoulder.

Feb. 1

One of the first things I had to do today was go to the market and purchase food for the team site. We went for meat, carrots, lettuce (cabbage), potatoes and eggs. It was an interesting experience. From the kids begging me to buy them some new shoes to having to close your mouth in the butcher shop so that the flies wouldn’t land in your mouth, I was in awe. When we went to buy the sheep we had to pick it out ourselves as if we were looking at menus.

Feb. 10

I went on a long patrol to Meketa which is as far up on the Ethiopian side as we can go within our patrol area. It is in one of the contested regions known as the Irob region. This is an area officially awarded to Eritrea by the border commission but not cleared out by the Ethiopians.

From what I saw they do not plan to leave anytime soon either. We saw new trenches being dug and new roads being built. We saw and drove on some of the worst roads imaginable as well as some of the most impressive terrain viewable.

Feb. 11

I have now earned a new nickname: Dr. Quinn ... I observed a serious head wound [on an Ethiopian man] which had been bleeding for some time. At this point I noticed a pool of blood in the middle of the road. It looked as though he had lost a couple of pints of blood but could not really tell due to the dusty conditions and all had soaked into the road ... When we finally arrived at the “hospital,” we attempted to get some help from some of the nurses and or doctors ... About three minutes later the doctor finally came out to the car and looked from about 10 feet away. Not sure what

was said but he then went back inside.

As I walked away I saw the doctor move to his desk and look at the man as if he was going to sit and watch him die. I am not certain what kind of help he received at the hospital but I would be very surprised if he makes it. He wasn’t going to make it lying on the side of the road on this mountain with trucks and cars blowing dirt and smoke all over him.

I just hope we were able to do him some good. It is very hard to watch Ethiopian people just accept what nature (or other people) dish out. They just look at it as the natural order of life. If he was to survive then he will survive. They were not going to interfere with this natural order by helping him too much. They dragged him out of the middle of the road so the cars could pass but in no way were they looking to help in any way it seemed.

Feb. 12

When we returned to Adigrat I decided that I wanted to go by the hospital to check on the man we assisted yesterday. It turns out that he had a serious arm and skull fracture as well as some minor internal injuries. The doctor stated that he thought he was going to make a good recovery and thanked us for bringing him in. It was sort of vindicating honestly. I just hope he does make a full recovery. It is nice to feel as if you have made some sort of a difference somewhere.

Feb. 18

One of the most interesting things I saw was the trenches which were dug in both directions. It was sort of like the Eritreans dug trenches facing Ethiopia. Then, the Eritreans were run out and the Ethiopians dug new trenches behind the Eritrean trenches facing Eritrea. From all of the expended ammunition brass we found on one site I would say that this was a major point of contention. It certainly seemed to have some pretty tangible significance.

March 2

Africa is an amazing place with many absolutely crazy leaders

who will do anything to stay in power so they can get rich. That seems to be what it is all about here.

March 21

I guess I just feel vulnerable without a weapon. This country lulls you into a sense of false security. I just would feel better with a group of Americans who have the ability to protect ourselves. Defenseless ... I feel like a tourist most of the time.

March 26

Today I finally went to the Tigray People’s Liberation Front war memorial and museum here in Mekelle ... I am sure back then the USA would have categorized them as freedom fighters since they were against a standing communist regime. I wonder what we would call them now ... The struggle for power on this continent has been long and bloody. Too many people want to keep all others down and since life means very little to these people then it is easy for one to come to power at the expense of the people.

Sitting around waiting for a handout is why this country is full of beggars and not businessmen and power brokers. They will never pull out of their desperation as long as they go to other countries for help every other week.

April 23

The Eritreans have now kicked out all food and other aid organizations. They say that they have no issues in Eritrea which is obviously ridiculous. That guy is killing his people out of his own pride.

May 2

Today’s mission to Berehaile was very interesting. It was completely obvious the moment we crossed from traditional Tigrinian culture to the Afar culture.

The one thing that didn’t change was their hospitality. They were just as friendly and interested in strangers to their towns.

Kelley Theatre tops Tournament of Plays

Urinetown garners 12 awards at IMA-E event

Story & photos by Brandon Beach

The Kelley Theatre took a chance, and it paid off. "Urinetown" took home 12 Toppers including Best Musical and set a record for most awards won by a single show at the Tournament of Plays April 22 in Heidelberg's Village Pavilion Ballroom.

"It's really amazing to describe," said Brett Harwood, the theatre's artistic director, who took home three statuettes including Best Director. "We were so convinced that nobody would come see a show called 'Urinetown.'"

The annual banquet, where the women sparkle in evening gowns and the men stride in black tuxedos, is the military community theater's version of the Oscars. It is hosted by the Installation Management Agency-Europe.

Of the three categories (drama, comedy and musical), there were 92 Topper statuettes awarded once the envelopes were opened. But unlike the Oscars, the recipients didn't give shout-outs to their agents.

Instead, the 23 theater houses, representing military communities from Turkey, Italy, Belgium and Germany, did what they do best: entertain. Between the shrieks, tears and dashes to the stage to collect their shiny loot, the groups performed snippets from their wide range of productions.

Officers Lockstock and Barrel (played by Antonio Brunetti and Tony King) performed the "Cop Song" from "Urinetown." They were joined by Jennifer Sanders, who played Sally in the play and carried her trademark scruffy teddy bear, and the rest of the cast members to finish off the rousing dance number.

"When you're given this material to work with that screams out, 'entertain the audience,' you just can't wait to get that crowd in," recalled Brunetti of his first impression upon reading the script. He won a Best Actor in a Minor Role award for his performance.

Jason Bolley, a senior at Patch High School, received a Best Male Youth Performance nod for his acting chops as Tiny Tom, a role that marked his first and probably only stage appearance with the Kelley Theatre.

"It's just fantastic that I ended up with such a great show. It's so much different than anything else out there," said Bolley, who will attend the University of Texas in August to study theater. "I'll fondly remember 'Urinetown' as my jumping off point."

Like Bolley, Toni Walton, the stage manager for "Urinetown," and her family of five have had a short career in the theatre. Last year's "Miracle on 34th Street" was the family's first splash onto the stage, and for Walton and her husband, Ken, there's no turning back.

"Our daughters wanted to try out," recalled Walton. "They needed adults to fill roles, so we got sucked in. Now, we're hooked."

Just in her second play, Walton received two nominations for Best Stage Manager and Best Props for her work in "Urinetown." Her resume further expands in the beginning of June when she takes the backstage helm of an all-kid cast in the theatre's next production, "How to Eat Like a Child."

Another behind-the-scenes person who won big during the awards show was Holger Schroeder, the theatre's principal lighting technician, who provided some insight into his



craft during the banquet's intermission.

"The best lighting is when the audience doesn't notice it," said Schroeder, who splits his time professionally between Stuttgart and Hamburg, where he works on "Miss Saigon" and "Phantom of the Opera" respectively. "When you just feel the light from one mood to another, then you know it's good."

Though the audience might not have noticed his backstage tricks, the judges sure did. Schroeder won two Topper awards for Best Lighting and Best Tech Director in a musical. Last year, he won a Best Lighting award for the comedy, "A Polish Joke."

Other notable winners included Alan Buxkemper, the theatre's musical director since

The cast of "Urinetown" (above) and Director Brett Harwood (right) celebrate their record-setting total of 12 Topper awards during the annual Tournament of Plays award ceremony April 22 in Heidelberg's Village Pavilion Ballroom

1989, who won two awards for Best Keyboard Player and Best Musical Director, and Sanders and King, who swept the Best Actor and Actress in a Supporting Role categories.

The final award - Best Ensemble - capped off the Cinderella night and seemed to hold the most weight in gold for members of the cast.

"When you're in a production, there's no other people so close to you," said Melanie Schmitt, whose performance as Miss Millen-

nium marked her first return to the Kelley stage in three years. "With this group, it just felt like coming home every night."

For a list of all the theatre's awards and nominations during the Tournament of Plays visit www.kelleytheatre.de.

To make a reservation for the theatre's next performance call the ticket office at 421-2825/civ. 0711-729-2825.



Missoula duo shares love of theater with kids during week-long camp

Story & photo by Brandon Beach

Missoula Children's Theatre racks up thousands of miles on the road each year. With some 44 teams of actors and directors spread out across the map, Missoula is one of the largest touring companies devoted to the performing arts. Teams spend up to 50 weeks per year on the road setting up Missoula's ready-to-assemble fairytale productions in communities stateside and abroad.

For Teralyn Tanner and Amy Lariviere, who recently arrived in the Stuttgart military community for a week-long residency camp to stage "Hansel and Gretel," that equates to a lot of days living out of a suitcase, or in Tanner's case, a "hiker's backpack."

"You feel like a gypsy after a while," said Tanner, who like her partner has been on tour for nearly three years with the company. "Every Sunday, you're in a different town."

Missoula teams arrive on location with a just-follow-the-directions production hidden beneath 13 large canvas bags. Inside are all the set walls (made of conduit pipe), props, makeup, script books and some 300 costume pieces.

"It's really ingenious how Missoula puts



Shavon Ferland, a PES third-grader, played a gingerbread girl in the April 22 production of "Hansel and Gretel" in the PHS Forum.

it all together," said Lariviere. "It's so transportable, and it can fit in the back of a Ford Ranger pickup truck. It's like putting a puzzle together."

The last piece to make it all happen is the cast. Some 40 School Age Services kids took part in the four-day rehearsal process and end-of-the-week performance on April 15 in front of a capacity audience of friends and parents in the Patch High School Forum.

"I was so nervous at first," said Toriona Farrel, a fourth-grader at Patch Elementary School, of her first stage credit. She played a Wildwood camper. "But you have to get up

there and face your fears."

Another cast member in her first play was Riley Heber, a fourth-grader at Böblingen Elementary School, who took on the role of the wicked vegan witch and devoted an hour each night to memorize her lines. "I just wanted to have fun and think happy thoughts, so I didn't mess up."

Anthony Galloway of the Kelley SAS explained how he got into his role as the lurching seaweed-covered Nasty. "Usually I tiptoe really quietly up to someone and then scream, 'Raaaahhhh,'" he said. "I'm happy because my mom and dad saw me in my first play."

Following their stopover in Stuttgart, the thespian duo headed to Baumholder, Bamberg, Kitzingen, Vicenza and Giessen before rounding out their nine-week tour in Schinwin, Holland.

"With children, theater is never beyond their reach," said Tanner. "One of the children came up to me after the show and said, 'It was just like rehearsal. It was so much fun, and I wasn't scared at all.'"

At the conclusion of the ceremony, Tanner and Lariviere were presented command coins by the USAG Stuttgart Commander Col. Kenneth G. Juergens for their efforts.

**"Life is a journey
not a destination!"**

**free
classes**



Life Strategies for Teens

Prepare your journey into adulthood

Topics discussed include:

*anger management
peer pressure
ambivalence
ambition
stress*

CLASSES SCHEDULE

**tuesdays, May 9 & 23
and June 6 & 13**

**4:00 - 5:30 p.m. CYS Teen Room,
Patch Barracks Bldg. 2337**

Wednesday, June 28

10:00 a.m. - 2:00 p.m.

**Army Community Center,
Patch Barracks Bldg. 2307**

**Sign-up by June 23 if you would like pizza.
Bring money for pizza.
Sign-up in advance.**



For more information, call ACS DSN 430-7176 or CIV. 0711-680-7176

USAG Garmisch employee saves life

Training, equipment crucial to rescue effort

by Sue Ferrare

James Kittrell is alive today because of the help of two quick-thinking people with the right training and a machine called an Automated External Defibrillator.

One of those people is Lory Benson, who was working the desk at the Mueller Fitness Center on the morning of March 20 when the second person, Bill Notz called her into the men's locker room.

Kittrell, a retired sergeant major who works as the Official Mail manager on Artillery Kaserne, had just collapsed with a heart attack.

Benson quickly evaluated the situation and, thanks to her Cardio-Pulmonary Resuscitation and CPR/AED training and the fitness center's emergency plan, she saw that the AED was needed.

An AED is a device that can restore a heart's normal rhythm with an electric shock, much like the defibrillators with paddles that hospitals use.

"Kittrell had no pulse and was not breathing so I applied the electrodes of the defibrillator to Kittrell and took a reading," she said. "The machine indicated a shock was needed."

Capt. Karl R. Richards, dentist for U.S. Army Garrison Garmisch, just happened to walk in while all this was happening.

"They were doing CPR and following directions from the AED machine, which they had already hooked him up to," he said. "They calmly and deliberately performed life-saving procedures, which kept James alive for several tense minutes while waiting for



Drew Benson

Lori Benson poses with James Kittrell, whose life she helped save March 20 when he collapsed at the Mueller Fitness Center. Benson credits her CPR/AED training or the successful intervention.

the German paramedics to arrive.

"James was only breathing sporadically and at least two times while I was present, the AED machine indicated that James had no pulse," Richards explained. "He had to be shocked to get his heart beating again. By the time the German paramedics arrived, his heart was beating, and he was breathing on his own regularly."

Kittrell has no memory of what happened, but said he was "thankful that they were there and came to my rescue."

Richards said he has no doubt that their quick and decisive actions gave Kittrell the best possible chance for a good recovery. Doctors at the Garmisch Kreiskrankenhaus agreed.

"If I ever have the misfortune of being in James's situation," said Richards, "I hope I am fortunate enough to have individuals with the same outstanding qualities and knowledge surrounding me as Benson and Notz had on [that] Monday morning."

"It is a wonderful feeling knowing you

Knowing CPR and preparing for an emergency is just as important as knowing how to prevent one.

Lori Benson
USAG Garmisch

played a part in saving someone's life" Benson said. "I help a lot of people prevent heart attacks because I am a fitness professional, but knowing CPR and preparing for an emergency is just as important as knowing how to prevent one."

Benson is very thankful she received the AED training and said she was prepared to deal effectively and efficiently with the situation.

"After this incident, I feel CPR as well as CPR/AED training should be mandatory for all military and civilian employees," she said.

CPR and CPR/AED is a simple skill that can be easily learned, Benson explained.

She thinks that everyone who has a job should evaluate the emergency plan at work and consider obtaining an AED for their office.

"I am very grateful to Karen White, who was responsible for mandatory AED's in [U.S. Army Europe] Fitness Centers," Benson said.

Sex Assault Symposium focuses on education, prevention

Story & photo by Sue Ferrare

A trio of speakers explored the various aspects of sexual assault and the resources for dealing with the aftermath of an assault during a symposium hosted by the U.S. Army Garrison Garmisch Family Advocacy Program April 18.

Myths of sexual assault

Capt. Victoria Peters, director of Emergency Services, started the symposium with information about what sexual assault is and is not and some of the myths that surround it. She also spoke about how victims respond to assault, ways to prevent assaults and what victims can expect from police agencies when assaults occur.

"Probably one of the biggest drawbacks is the fear factor in talking about such an ugly, scary topic such as sexual assault and prevention," Peters said. "Just the fact that you came out today makes it easier for victims and young people to come to you and ask for information."

One of the things that Peters said was very important in the prevention of sexual assault was to trust your instincts.

"I have never spoken to a victim who didn't say, 'something felt wrong about the situation,'" she said.

Peters also encouraged the audience to remember the acronym ASAP – which stands for Aware, Safe, Assertive and Prepared – to prevent sexual assault.

Training Soldiers

Stuttgart and Garmisch Sexual Assault Response Coordinator Frances Anderson followed with an explanation of that program's goals.

"To educate and train Soldiers to prevent sexual assault and to appropriately respond when it occurs," she said.

"One of the things that I'm charged with doing is to go to every unit and provide a sexual assault briefing on an annual basis," she said.

She said the other goals of this program are to ensure victims of sexual assault receive sensitive, confidential and comprehensive care; to create a climate that encourages reporting without fear; and to ensure that incidents are investigated and that offenders are held accountable for their crimes.

She also discussed the issues revolving around the creation of restricted and unrestricted reporting for all active duty military members and covered what victim response agencies will assist with for both active duty and civilians associated with the US in Germany.

Self defense

The final speaker was Warren Harris, Chief of Classroom Support at the Marshall Center, who spoke about self defense.

He covered different reasons to learn self defense, times to use techniques to deescalate a situation, where to learn self-defense and types of defense taught in the area.

"Self defense is more than just learning how to fight," he said. "There are a lot of schools that are coming out and teaching the new version of self defense. The new theory in martial arts is, you're not learning to fight to hurt somebody, you're learning how to get away from a fight or prevent a fight. It's not really teaching you the actual techniques of how to kick and punch, but how to use your head."

Dana Ruvalcaba, the Garmisch Solider and Family Life Consultant, and Sam Giles, the Garmisch Family Advocacy Program Manager, ended the symposium by introducing themselves and giving a few more tips about how their programs could help sexual assault victims and the other people involved with them.

For more information about the Garmisch Family Advocacy Program, call Giles at 440-3584/civ. 08821-750-3584. In Stuttgart call 430-7176/civ. 0711-680-7176.

To talk with a Soldier and Family Life Consultant in Garmisch call 0170-708-0744 (24 hours a day) or Garmisch Army Community Service at 440-3777/civ. 08821-750-3777. In Stuttgart call 430-7176/civ. 0711-680-7176.

For more information about sexual assault awareness and prevention visit www.sexualassault.army.mil.

Stuttgart volunteers honored during 'Appreciation Day' ceremony on Patch

By Hugh C. McBride

The members of the Stuttgart military community who "inspire by example" were honored during a Volunteer Appreciation Day luncheon April 21 in the Swabian Special Events Center on Patch Barracks.

"This community could not function without the selfless service of our volunteers," said U.S. Army Garrison Stuttgart Commander Col. Kenneth G. Juergens, who hosted the event.

In addition to recognizing the volunteers for their yearlong service, event master of ceremonies Tom Arnholt also publicly acknowledged the many individuals who made the ceremony such a success, including Sherry Ray and the entire staff of Army Community Service, Gaby Juergens and Alan and Jennifer Buxkemper (who provided musical accompaniment throughout the event.)

The following community members received awards from Col. Juergens and U.S. Army Garrison Stuttgart Command Sgt. Maj. Mark Barbary for their volunteer service:

Commander's Volunteer of the Year Carolyn Van Antwerp

- This award is presented to an individual who selflessly donates time and energy toward the betterment of the entire Stuttgart military community.

- Van Antwerp's service includes the German-American Women's Club, American Women's Activities Germany, Stuttgart Community Spouses Club and the Red Cross.



Commander's Volunteer Family of the Year The Taylors

- This award is presented to a family who serve together.
- The Taylors' service includes the Sitzmarkers Youth Ski Club, the Stuttgart Community Spouses Club, the German-American Women's Club, American Women's Activities Germany, and many extracurriculars at Patch High School.



Commander's Silver Volunteer of the Year Alan Horwedel

- This award goes to a seasoned volunteer who continues to serve.
- Horwedel donates 10 to 15 hours per week to the Retiree Support Center, assisting with matters such as income tax preparation and Veterans Affairs forms.



Commander's Youth Volunteer of the Year Kayla Ray

- This award goes to a volunteer who is under the age of 18.
- Ray serves with Common Bond Youth Group, volunteered at the CARE Fair and various tree-lighting ceremonies and participates in several extracurricular activities.



Rookie Volunteer of the Year Debra Novotny

- This award is presented to a new community member.
- Novotny is an active volunteer with the Boy Scouts and Girl Scouts.



Helping Hand Volunteer of the Year Katherine Scoffield

- This award is presented to a volunteer who serves in a number of capacities.
- An active-duty Marine, Scoffield coaches Tiny Tot sports, leads Girl Scouts in grades one to three, and also volunteered at the 24-Hour Marathon.



Ambassador Award: Goodrun Kaper

- This award is presented to an exceptional foreign national community member.
- Kaper was recognized for 12 years of volunteer service, including faithful contributions to the Panzer Chapel and leading Martin Luther Heritage tours.

Unsung Volunteer of the Year: Gary Miller

- This award is presented to a volunteer who eschews the spotlight.
- Miller earned this award for his considerable service in support of the American Legion, especially with the weekly pancake breakfast.



photos courtesy Stuttgart Multimedia

U.S. Army Garrison Command Sgt. Maj. Mark Barbary and Commander Col. Kenneth G. Juergens accept an honorary check representing the amount of money that volunteers have saved the community by donating their time and talent.

— And the nominees were —

In addition to the award recipients enumerated at left, the following individuals and family members were also honored for their volunteer service during Stuttgart's April 22 Volunteer Appreciation Ceremony:

Jody Benitz	Jan McCoy	Kayla Ray
Jane Dorau	Jacqueline Nasca	The Butcher Family
Joy Lyden	Ann Welton	The Moore Family
Dana Marm	Jody Benitz	The Mulcahy/Bender Family
Ronnisha Medlin	Sonja Jackson	The Neuse Family
Ann Wheatley	Laurie Menzel	Alan T. Horwedel
Taisha Becker	Kim Oshirak	Randal Young
Maureen Bridges	Lynne Rizzo	Gina Amatucci-Mater
Liz Brown	Melissa Rodeffer	Catherine Cashman
Lorrie Ferguson	Karla Satterfield	
Sigrid Marney	Lori Sevin	
Gregory Outlaw	Lynn Wagner	
Marsha Pond	Daniel Kennedy	
Juana Anderson		
Frieda Campbell		
Kathy Goucher		
Marlena Lopez		
Mitch Mcilvene		

Inspire
by Example

Marching toward togetherness

German-American group develops friendships on the roads of Switzerland

By Hugh C. McBride

It has been noted that one can learn a lot about a person by their shoes. This is especially true – as members of U.S. Army Garrison Stuttgart Headquarters and Headquarters Company learned over a recent weekend – when the person is wearing those shoes while walking beside you for 80 kilometers.

A contingent from the Kelley Barracks-based HHC joined counterparts from the German Bundeswehr for the 47th annual *Schweizerischer Zweitagemarsch* (Swiss Two-Days March) April 29 and 30 in and around Berne-Belp, Switzerland.

The Swiss event consisted of back-to-back 40-kilometer (about 25 miles) hikes along roads and trails.

While civilian participants dress however they choose, members of military groups march in uniform and carry packs.

With 3,155 marchers from 22 nations on the trail, the march is Europe's second most popular multiple-day excursion, trailing only the Nijmegen, The Netherlands famous (and daunting) Four Days March.

Pride & purpose

"I really appreciate all the effort our Soldiers put into this event," said USAG Stuttgart Commander Col. Kenneth G. Juergens, who attended a May 2 recognition event for the group in the office of Dr. Horst Mehrländer, the deputy minister for economic affairs for the state of Baden-Württemberg.

Mehrländer, a reserve lieutenant in the Luftwaffe (Air Force) of the Bundeswehr, was the patron of the marching group this year.

"It's been a long time since the Americans participated in this march, and I'm very proud of the Soldiers who stepped up to the plate and completed this important mission," Juergens said.

In addition to promoting fitness through both camaraderie and friendly competition, Mehrländer said the existence of a German-American military marching group was another important step in the maintenance of the historic friendship that exists between Germany and the United States.

"I am very proud to be a patron of this German-American marching group," he said, before handing out commemorative certificates and medals to the group members who marched in Switzerland.

Positive exposure

Capt. Chris Solinsky, who led the U.S. component of the group, said the event was not only personally fulfilling, but was also an excellent opportunity to represent the U.S. Army.

The march has traditionally been an opportunity for Soldiers from throughout Europe to build cross-cultural friendships, but the presence of the American troops added an element that had been missing in recent years.



Members of the German-American group gather for a recognition ceremony May 2 in the office of the group's patron, Dr. Horst Mehrländer, Baden-Württemberg deputy minister for economic affairs. Front: Capt. Chris Solinsky and Oberleutnant Stefan Lueglinger. Standing (left to right): Oberstleutnant Werner Brellochs, Sgt. (P) Micah W. Crosby, Oberst Klaus A. Schlick, USAG Stuttgart Commander Col. Kenneth Juergens, Mehrländer, Staff Sgt. Jarrod W. Martin, Sgt. Craig L. Robison, Spc. Jason L. Sevier, Unteroffizier Hans Peterman and Sgt. Eric Holtegaard.

You get to be pretty good friends with a guy when you walk with him for 12 hours.

Capt. Chris Solinski
U.S. Army Garrison Stuttgart

Wearing the distinctive new Army Combat Uniforms, the U.S. Soldiers were easy to spot among their international brethren – one of the few times that standing out was not necessarily a bad thing.

"It was a pretty warm reception for the Americans. It seemed like everybody wanted to talk to us," Solinsky said, noting that differences of rank, uniform and nationality disappeared as the conversations continued and the miles rolled by.

"You get to be pretty good friends with a guy when you walk with him for 12 hours," Solinsky said. "All the formalities go out the window and you connect on a personal level."

For more information about the Schweizerischer Zweitagemarsch (Swiss Two-Days March) visit www.2tagemarsch.ch. To translate the page into English click the British flag in the upper right corner.



Capt. Chris Solinsky



Capt. Chris Solinsky

[Above] Members of the Stuttgart group (which included U.S. Soldiers from USAG Stuttgart Headquarters and Headquarters Company) march through the Swiss countryside during the 47th annual Schweizerischer Zweitagemarsch (Swiss Two-Days March) April 29 and 30 in and around Berne-Belp, Switzerland. Service members and civilians representing 22 nations took part in the event, which is second in popularity only to the Nimegen Four-Days March.

[Left] Members of the local group take advantage of a greatly anticipated break in the action to refuel, re-energize and re-focus on the mission of completing the march.



photos courtesy of Filderado

Filderado, the popular area wellness and swimming center, opened March 25 following an extensive two-year renovation project and now boasts many fun-in-the-sun luxuries for both kids and adults. The center is conveniently located in the town of Filderstadt, just minutes from the Stuttgart international airport and many of the surrounding U.S. military bases.

Filderado makes a splash, reopens following renovation

Story by Brandon Beach

Under blue skies and a well-comed sunshine, Filderado made its first splash March 25 after nearly two years of closure.

The popular area wellness and swimming center, located minutes from the Stuttgart international airport, celebrated the end of an extensive renovation project with a ribbon-cutting ceremony.

With golden scissors in hand, Dr. Peter Bümlein, the lord mayor of Filderstadt, cut the red tape, declared the center open and released some 30 antsy kids waiting just outside the pool area in their Speedos, sandals and goggles to enjoy the first jump in the water.

Fun for kids and adults

At a price tag of nearly 12 million euro, the renovation period expands Filderado's fun-in-the-sun luxuries.

"Our goal was to combine this concept of wellness with family friendliness under one roof," said Wolfgang Hermle, the center's director. "We want to create an unforgettable experience here."

In addition to its extensive sauna quarters, plush outdoor deck chair-lined area and multiple suntanning chambers for adults, Filderado caters to the youngsters as well.

The center now has three exciting rides for daredevils including a black hole that blares techno music and laser lights while riders twist and turn through a watery abyss, as well as a first-of-its-kind chute that launches riders airborne several feet before landing on a cushioned slide.

"This amazing 8-meter slide is the only one like it in Germany," explained Hermle, as a screaming child got spat out onto its slippery runway.

Members of the new Filderado fit-

ness club can pump and sweat to a birds-eye view of the outdoor lap pools, 1, 3, and 5-meter diving boards and surrounding *Schwabisch Alb* countryside.

In addition to a Nautilus circuit, cardio machines and a full-service smoothie bar, the club boasts a weekly lineup of fitness classes such as step and aqua aerobics, spinning, Taebo, yoga and surprisingly (for a small town like Filderstadt) dance n' strip, where participants move their hips to the saucy sounds of Barry White under a spinning disco ball.

How to get there

Filderado first opened in 1978 and welcomed some 12 million visitors during its operation.

The center is located on Mahlestraße 50. To get there, follow the A8 toward the Stuttgart airport, take the Filderstadt exit and follow the signs to Filderado (marked in white lettering).

Hours of operation are weekdays, 9 a.m. to 10:30 p.m. and weekends, 9 a.m. to 9 p.m. For more information visit www.filderado.de or call 0711-772-066 (most staff speak English).



Filderado's new thrill ride launches kids several feet in the air before landing on a cushioned slippery slide.

Swim safely this summer

U.S. Army Garrison Stuttgart
Public Affairs Office

Summer outdoor activities bring increased dangers to children. Whether swimming, using playgrounds or participating in sports, supervision of children is the key to child safety.

One popular summer activity is swimming, and there are many good public swimming pools in the Stuttgart area. But unlike public pools in

the U.S., lifeguards are not often seen sitting on high chairs at the sides of the pool watching for danger.

However, well-trained lifeguards (*Bademeister*) are on duty at all times in all public pools. When entering a pool, find the location of the office as well as the first aid station. If you do not understand any posted pool rules, ask for assistance.

And always remember, your supervision can be the difference between life and death.

OUT & ABOUT

DAZ hosts lecturer, music

Richard Whelan will deliver the lecture "The Fallen Soldier - Robert Capa and the Spanish Civil War" **May 10, 8 p.m.**, in the Rathaus Felbach, Großer Saal, Marktplatz 1. The lecture will include a look at Capa's most important photographs of the war. Cost is 3 euro.

The DAZ hosts a panel discussion under the theme, "The Marshall Plan - Initiator of a United Europe?" **May 12, 5 p.m.**, in the DAZ's Vortragssaal.

The center is located at Charlottenplatz 17 (U-Bahn 5 or 6). For a complete list of DAZ-sponsored activities visit www.daz.org.

Jazz festival in Esslingen

The city of Esslingen hosts a four-day jazz festival starting with boogie and swing pianist Eberhard Strobel and the Quintetto Infernalico **May 11, 8 p.m.**, in the Waldgaststätte Dulkhäusle.

Arturo Sandoval lights up the stage with his fiery trumpet, along with his sextett of Latin musicians, **May 12, 8:30 p.m.**, in the Dieselstraße Kulturzentrum.

Saxophonist Don Menza joins the SWR Big Band **May 14, 11 p.m.**, in the Neckar Forum on Hauffstraße, while the Jacky Terrasson Trio rounds out the festival **May 19, 8:30 p.m.**, in the Jazzkeller.

Ticket prices range from 16 to 24 euro. For more information visit www.jazzkeller-esslingen.de.

Volkslauf in Feurbach

Strap on your running shoes and grab your Power Bars for the 27th-annual "Rund um die Mammutbäume" run **May 13, 3:30 p.m.** The run is 10 km. and meanders through the woody countryside of Feurbach.

To reserve your spot at the starting block e-mail volkslauf@tffeurbach.de.

Festival highlights Croatia

The city of Stuttgart hosts Festival Kroatien with a full lineup of cultural activities throughout the month including photo exhibits, theater productions live music and more. The festival runs until **May 21** in the Treffpunkt Rotebühlplatz.

For more information visit www.treffpunkt-rotebuehlplatz.de or call 0711-6607-120.

Catch a summer rock concert

• Catch **Bon Jovi's** open air "Have a Nice Day" tour, with opening act **Nickelback**, **May 27, 5:30 p.m.** at the Cannstatter Wasen in Stuttgart.

Tickets are 62 euro. For more information visit www.konzertkarten-online.com.

• Cat-scratch-fever singer/guitarist **Ted Nugent** storms the stage **May 28, 8 p.m.**, in the LKA Longhorn. For tickets (and they will sell fast) visit www.musiccircus.de or call 0711-22-1105.

Voted one of the best rock clubs in Germany by "Vision" magazine, Longhorn is located at Heiligenwiesen 6 in the Wangen district.

• Guitar legend **Eric Clapton** takes the stage **June 4, 8 p.m.** at the Stuttgart Schleyerhalle.

Tickets are 61 to 73 euro. For ticket information, visit www.schleyerhalle.de. or visit www.konzertkarten-online.com.

• Bring your tent, sleeping bag and cooler to this year's Southside Festival featuring more than 30 live music acts on three stages including headliners The Strokes, Manu Chao, Ben Harper & the Innocent Criminals and the Cardigans **June 23 to 25** in Tuttingen/Neuhausen (located two hours south of Stuttgart). Tickets are 89 euro. For ticket information visit www.southside.de.

Acrobats, magicians & more

The Friedrichsbau Varieté ensemble hosts "Mirakel," featuring acrobatic performances, a comedy-magic duo, juggling spectacles and more until **June 10**. Weekly showtimes are Tuesdays to Thursdays, 8 p.m. and Sundays at 6 p.m.

Tickets range from 19 to 35 euro and may be purchased by calling 0711-225-7070 or e-mailing kartenwelt@deag.de. Varieté is located at Friedrichsbau 24 and easily reachable by U-Bahn 9 and 14, stop Friedrichsbau/Börse.

For more information visit www.friedrichsbau.de.



*What made you
smile today?*

*We'd like to
know!*

Visit www.stuttgart.army.mil

Click "ICE"

ICE *Interactive
Customer
Evaluation*

It's quick. It's easy. And it makes a difference.